



## Repairs have to happen. Sitting in traffic doesn't.

*Working together to keep you moving*  
Commuter Solutions, Lane Transit District,  
Oregon Department of Transportation, Lane Council of Governments

Over the next several years, large road repair projects will affect travel along key corridors, which will increase traffic congestion and delays. We all can work together to reduce these impacts by using other transportation methods whenever possible. This will allow more room on the roads for trips that require cars, transit, and emergency vehicles. Consider using and promoting these transportation options whenever possible:

### **Carpooling**

You may be able to share the driving with family members, co-workers, neighbors, or friends for trips to work, church, shopping, book clubs, or taking children to sports and school events. For regular trips, **Commuter Solutions** can match you up with a neighbor working in the same area of town simply by registering online at [www.KeepusMoving.info](http://www.KeepusMoving.info) or by calling **682-6213**.

### **Riding the Bus**

Imagine having the time to read the paper and drink your coffee in the morning. Riding the bus can eliminate the hassles of driving and parking and can give you the freedom to relax for a moment between appointments. Lane Transit District (LTD) provides prompt, efficient service. *Riders Digests* (bus schedules), are available at most community offices, downtown transit stations, on buses, and online at [www.KeepusMoving.info](http://www.KeepusMoving.info) or [www.ltd.org](http://www.ltd.org). Tips for riding the bus are included.

### **Walking**

Walking is a popular way to get around town and no special equipment is needed. Plus, it's a simple way to incorporate exercise into a busy schedule. A brisk two-mile walk takes only 30-35 minutes. This saves time by combining exercise with transportation. Check out these Web sites for additional tips and information on walking: <http://walking.miningco.com/>, [www.walkinginfo.org](http://www.walkinginfo.org), and <http://www.apbp.org/>.

### **Telework**

Telework (also called telecommuting) is working at home or a satellite office, telework center, or telecommunity center near home one or more days a week -- instead of commuting to the main office or place of business. For more information, go to [www.energy.state.or.us/telework/telehm.htm](http://www.energy.state.or.us/telework/telehm.htm).

### **Bicycling**

Bicycling is another excellent way to slip a little exercise into the day. A four-mile ride takes only 20 to 30 minutes. Many stores and offices have bicycle racks, which makes trip time comparable to driving by reducing the time and money needed for parking. Bicycle maps that include tips for safe riding are available at bicycle shops and community offices. For more information about the area's bikeways, go to [www.KeepusMoving.info](http://www.KeepusMoving.info) or [www.ci.eugene.or.us/PW/Transportation](http://www.ci.eugene.or.us/PW/Transportation).

### **Smart Ways to School**

Sharing responsibility with other parents for getting children to school and activities will save time and money. To learn more about **Commuter Solutions'** work to reduce congestion around the region's schools, go to [www.swts.ltd.org](http://www.swts.ltd.org) or [www.KeepusMoving.info](http://www.KeepusMoving.info) or call **682-6213**.

### **Park & Rides**

Park & Ride lots that are scattered throughout Eugene and Springfield offer a place to meet a bus or carpool that can't quite reach your home. Find out where the convenient locations are at [www.KeepusMoving.info](http://www.KeepusMoving.info) or at [www.ltd.org](http://www.ltd.org).

Web:

[www.commutersolutions.ltd.org](http://www.commutersolutions.ltd.org)

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**Find a new way.**